Yale West Campus Fitness Center
Spring Class Schedule
January 20 – April 27

*No Classes Spring Break March 10 - 23*

Monday

12:00 PM  Aikido Martial Arts taught by Steve Varley
*Contact steve.varley@yale.edu

5:15 PM    Pilates taught by Christine Taeb $6.00 per class

Tuesday

5:30 PM    Body Sculpting taught by Roz D'Eugenio $8.00 per class

Wednesday

12:00 PM  Aikido Martial Arts taught by Steve Varley
*Contact steve.varley@yale.edu

5:15 PM    Pilates taught by Christine Taeb $6.00 per class

5:00 PM    Boot Camp taught by Luis Figueroa $6.00 per class
*Contact kelly.locke@yale.edu

*Class times are subject to change